

Blow Off Top-Bottom Worksheet

Week #1

Date:

Bullish Blow Off Bottom-Put Spread - Long Deferred Call

		Open	Short-Exp	Long-Exp	Open	Close	Long-Deferred	Open	Close	Total		Close	Total
Open	Stock	Stock	ATM Put	ATM -2 Put	Spread	Spread	ITM - Call	Def-Call	Def-Call	Trade	Close	Stock	Profit
Date	Symbol	Price	Strike	Strike	Credit	Debit	Strike	Debit	Credit	Cost	Date	Price	Loss
			/	/			/						
			/	/			/						
			/	/			/						

Bearish Blow Off Top-Call Spread - Long Deferred Put

		Open	Short-Exp	Long-Exp	Open	Close	Long-Deferred	Open	Close	Total		Close	Total
Open	Stock	Stock	ATM Call	ATM +2 Cal	Spread	Spread	ITM - Put	Def-Put	Def-Put	Trade	Close	Stock	Profit
Date	Symbol	Price	Strike	Strike	Credit	Debit	Strike	Debit	Credit	Cost	Date	Price	Loss
			/	/			/						
			/	/			/						
			/	/			/						

Weekly Totals: # Trades # Wins # Loss P/L % P/L **YTD Totals:** % P/L Tades

Week #2 Date:

Bullish Blow Off Bottom-Put Spread - Long Deferred Call

		Open	Short-Exp	Long-Exp	Open	Close	Long-Deferred	Open	Close	Total		Close	Total
Open	Stock	Stock	ATM Put	ATM -2 Put	Spread	Spread	ITM - Call	Def-Call	Def-Call	Trade	Close	Stock	Profit
Date	Symbol	Price	Strike	Strike	Credit	Debit	Strike	Debit	Credit	Cost	Date	Price	Loss
			/	/			/						
			/	/			/						
			/	/			/						

Bearish Blow Off Top-Call Spread - Long Deferred Put

		Open	Short-Exp	Long-Exp	Open	Close	Long-Deferred	Open	Close	Total		Close	Total
Open	Stock	Stock	ATM Call	ATM +2 Cal	Spread	Spread	ITM - Put	Def-Put	Def-Put	Trade	Close	Stock	Profit
Date	Symbol	Price	Strike	Strike	Credit	Debit/PL	Strike	Debit	Credit	Cost	Date	Price	Loss
			/	/			/						
			/	/			/						
			/	/			/						

Weekly Totals: # Trades # Wins # Loss P/L % P/L **YTD Totals:** % P/L Tades

Week #3 Date:

Bullish Blow Off Bottom-Put Spread - Long Deferred Call

		Open	Short-Exp	Long-Exp	Open	Close	Long-Deferred	Open	Close	Total		Close	Total
Open	Stock	Stock	ATM Put	ATM -2 Put	Spread	Spread	ITM - Call	Def-Call	Def-Call	Trade	Close	Stock	Profit
Date	Symbol	Price	Strike	Strike	Credit	Debit/PL	Strike	Debit	Credit	Cost	Date	Price	Loss
			/	/			/						
			/	/			/						
			/	/			/						

Bearish Blow Off Top-Call Spread - Long Deferred Put

		Open	Short-Exp	Long-Exp	Open	Close	Long-Deferred	Open	Close	Total		Close	Total
Open	Stock	Stock	ATM Call	ATM +2 Cal	Spread	Spread	ITM - Put	Def-Put	Def-Put	Trade	Close	Stock	Profit
Date	Symbol	Price	Strike	Strike	Credit	Debit/PL	Strike	Debit	Credit	Cost	Date	Price	Loss
			/	/			/						
			/	/			/						
			/	/			/						

Weekly Totals: # Trades # Wins # Loss P/L % P/L **YTD Totals:** % P/L Tades